

# THE GLEICHEN CALL

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## Town & District

Mr. and Mrs. Charbelios and family of Caribou spent Sunday in town visiting Mr. and Mrs. Eli Woods.

The fine weather continues and all harvesting is about completed. In one or two fields threshing is going on as the owners desire to save the straw.

Mr. and Mrs. Pugh, Mr. and Mrs. Anderson and Matt-ew Murray spent Sunday at Drumheller the guests of Cpl. and Mrs. Amy.

Miss R. James one of the staff of Shoprite Stores, left last week for Vancouver to spend her holidays. She went by airplane.

Miss Sarah McMillen has successfully completed her examinations for a registered nurse's diploma.

Elliot (Friday) Evans of Lethbridge spent Thursday and Sunday in town visiting relatives and friends. While here he spent most of his time hunting but had very poor luck.

Mr. and Mrs. R. S. McQueen left last week for a holiday at the Pacific coast. They went by car and expect to be away for about three weeks.

A farewell party honoring Mr. and Mrs. David McBean was held at their farm one eighth mile north of town Tuesday evening. There was a large attendance of neighbors and friends. They have purchased a home in Calgary and are retiring from farming to live in the city.

A new steel bridge is scheduled to open the river south of Chumy replacing the old wooden one that was swept away by the high water last spring. It is reported the new bridge will be wide enough for two lanes of traffic and will be erected as soon as steel is available. A ferry has been operating during the summer near where the old bridge stood. Work on the cement abutments is to begin soon.

Ernie Ogden of Lethbridge, who travels over the south country for Kraft Cheese Co. arrived in town Friday evening and spent the weekend visiting at the home of G. W. Evans.

A call for new applicants to take the nursing aides training course was issued by Miss J. P. Ferguson, supervisor of the school operated jointly under the Canadian Vocational training plan and the Alberta Department of Health. In seeking applicants it was stated that the present arrangements will be ended in December of the present year. Many opportunities exist for girls and women who complete the four weeks course," Miss Ferguson stated. "The hours of work and salary schedule are most attractive, and the need for certified nursing aides in the rural and community hospitals is great." Starting as a vocational course for co-educational women who were interested in the care of the sick the course was later offered to all Alberta women, some of whom have years of experience as practical nurses. Those completing the course are eligible for certificates and allowances which enable them to take positions in hospitals throughout Alberta. Miss Ferguson pointed out that certified nursing aides are not to be confused with practical nurses, ward aides, or graduate nurses. Certified nursing aides help fill the need for personnel trained to relieve registered nurses of many of the duties which are placing a heavy burden on many hospital staffs. They are on duty on a 48 hour week as approved by the nursing aides council begins at \$90 per month for the first six months, increases to \$110 per month during the third year. Nearly 200 girls and women from various Alberta centers have successfully completed the course. These trainees are now helping to relieve the present shortage of registered nurses in the province. Many have come from Saskatchewan to take the course, and all are now being employed by Alberta hospitals and nursing centres.

She: "Did anyone ever tell you how wonderful you are?" He: "No, I don't think anyone ever did." She: "Then I'd like to know how and where you got the idea?"

Russia possesses more than 25 per cent of the world's forests, or 0.5 times as much timber per capita as Europe and 2.5 times as much as the rest of the world outside.

More than 483,000 persons visited the national parks in Alberta during the year up to the end of August. This is only a slight increase over the previous year, actually 1,812. While a much heavier tourist trek to Alberta had been expected this year, there were a number of factors which had



VANCOUVER PRODUCER  
The producer in charge of the CBC's popular Vancouver program, Leicester Square to Broadway, is Ernest Reed, seen above in the control booth at CBC, Vancouver, with several radio plays.

## LOCAL NEWS ITEMS OF THE TOWN AND DISTRICT

Last week the big road construction outfit that has been working just east and north of town constructing the highway moved east of Crowfoot Creek and is busy at work there. The Government grading outfit is putting the finishing touches to the road in this vicinity.

After almost 30 years as janitor of the Gleichen schools Dave Wilson is about to retire from his job. Dave says age is catching up on him and he is not as strong as he used to be. He is taking a course of janitorial work under Mr. Willison and will assume the position shortly.

During the past week 400 head of prime beef cattle were trailed across the reserve enroute to Dalmade. They were the property of McInnis ranch and came from Dorothy about eighty miles north east of Gleichen. Driving these cattle that distance took some days as they were all very fat. At Dalmade they will be sold for a time then sold for stock-rings. It was estimated this sale of cattle was worth more than 120,000.

Art Pascoe's transport truck and Dave McBean's half ton truck side-swiped each other near the four mile marker one evening last week. The Pascoe truck, which was loaded with oil went into the ditch and suffered damage. Dave sustained injury. Art Pascoe sustained injury but his truck was damaged likewise some of the goods it was carrying.

The school board is calling for tenders to purchase the old physical training building. Who ever buys this building should be able to make quite a comfortable residence out of it. Physical training went out of fashion when P. B. Nelson resigned his job at the school and moved to Medicine Hat several years ago to take up a similar position with the schools in that city.

All across Canada the campaign of the communists under the guise of the labor progressive political party and under other names and in other ways—seeks to confuse the people of Canada on every question related to defense of our country. With almost unbelievable hypocrisy they speak the language of the pacifists in opposing preparations for military defense. They try in every way to discredit the European recovery plan because a starving Europe would assist communism there. They seek to create suspicion between Canadians and our good neighbors to the south. Perhaps rightly, many believe that their campaign will have little effect on Canadians of Anglo-Saxon or French descent. What we might forget is that over one-quarter of our Canadians are of continental European origin. Many of them do not read our English and French newspapers and hear only communist propaganda which fills a great deal of the newspapers put out in other languages.

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Ernest Reed, CBC producer. Allen was formerly chief producer in the United Kingdom and Commonwealth section of the CBC International Service at Montreal. He is the author of several radio plays.

The effect of holding back the inflow of visitors. Road conditions in some parts of the province were believed to be in part responsible. Banff visitors increased by 40,321 to give a total of 271,892. Elk Island with 69,440 showed a gain of 17,249, but Watson Lake fell off by 55,080 to report a total of 82,238, while Jasper Park was 1,271 below the 1947 total at the end of August of 69,977. While Alberta's gain was not as great as had been expected. It was nevertheless well ahead of the total 400,876, in 1941, the last holiday motoring period before U.S. entered the war. Travel officials are confident that 1949 will see a large movement to Alberta, providing world conditions don't upset by war.

With the hunting season under way, the occasional game bird for dinner would be a pleasant change. Those who have frozen food locker facilities available can enjoy this delicacy long after the season is over. How to prepare game for freezing is suggested by Mrs. Vera Macdonald, supervisor of the Home Economics Division. Like poultry, game birds should be bled and may be dry picked, or semibled 20 to 40 seconds in water. Avoid tearing, cooking, or bruising the skin. Singe and draw carefully. The birds may be left whole, although cutting may save space in the locker. Wrap in moisture proof paper or pack in glass or tin. Birds will store from four to six months in the locker, but fat birds such as geese or ducks should be tested in four months for rancidity. Detailed directions for freezing meat, venison, poultry, and game can be found in the Alberta Department of Agriculture's bulletin, "Preserve by Freezing". Copies can be obtained from District Home Economists, or from the Home Economics Division, Alberta Department of Agriculture, Edmonton.

You read again and again that everything you think is new, was old in Egypt. Would it surprise to know that the Greek philosopher, Aristotle, owned a beauty culture establishment which was very popular with the ladies of his time.

Bicycle riding has become a very popular amusement as well as exercise for the younger children of the town. After school hours and nightly during the week four machines they could be seen swarming around the streets and getting a lot of enjoyment and fun out of their wheels. Now, with the longer evenings drawing in however, a word of caution to parents seems necessary. On a recent Saturday night it was noticed that an element of danger was present, as many of the bicycles have no rear light or other illuminating device. In particular, on the main street, a machine carrying two riders became suddenly visible in the headlights of an approaching car. The driver of which was obviously startled by its sudden appearance and the event of the youngsters to escape into a place of safety. In the event of an unfortunate accident under such conditions, it would be unfair to blame car drivers. The main street of any town or village on a Saturday night, when country residents are flocking in for the evening is certainly unsafe for children. Unilluminated machines, and especially so during the darkest months of the year.

THE ART OF KEEPING YOUNG  
Why should anybody ever grow old? Scientists tell us that every

particle of our bodies, every fibre and fibre, is renewed every few years, so that the bodies we have today are not at all the bodies we had a year or two ago. If this be true, and there seems to be no question of its accuracy, the question arises, "Where do we become old?" And the only answer that can logically be given to that question is that we become old only in our minds. We think we are ageing when the ageing must be in our minds, not being in our bodies.

The art of keeping young would, then, seem to consist in keeping the mind young in its outlook, in seeing visions rather than in dreaming dreams, in taking notice of the present of years, and visualising ourselves as being constantly young. Birthday anniversaries are nice occasions, especially when they are remembered by others, but they are after all, only so many milestones that remind us of the number of miles we have travelled and that we are that much nearer to the end of the road. It may not be a good thing to be reminded of the ugly fact of growing years. We seem, somehow or other, to get into our minds the idea that when a certain age is reached our work is done and all that remains is to make ready to die, when as a matter of fact there is no justification for anybody dying at all, and that our bodies are constantly getting renewed, as science declares.

We should associate with youth more than we do, get a youth viewpoint on things, forget the past, let the future take care of itself and live in the ever-present now. It is always now. To know we are living now is enough. When we learn how to do that we have learnt the art of

## TENDERS

Tenders are invited for the purchase of the building known as the Physical Training Hall, situated on the School Grounds of the Gleichen School District No. 103.

Basement to be filled in and the ground levelled off by the successful tenderer.

Bids to be in by noon, November 8th, 1948. Highest or any tender not necessarily accepted.

Tenders should be addressed to the Secretary, Gleichen School District No. 103, Gleichen, Alberta.

keeping young. Above all, we should never think of "retiring". Men who retire from business usually retire to the graveyard. Three score years and ten is not a divinely-ordained limit upon life. In fact, the man who coined the phrase, Moses, lived to the age of one hundred and twenty. We should remember that one said, "I am come that ye might have life and have it more abundantly" and simply take him at his word. It would probably mean eternal life for the race if we would but do so.

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## Canadian Defence

The "intransigent attitude" of the Soviet government has increased the possibility of war and Canada with other peace loving nations is preparing to defend herself, Defence Minister Brooke Claxton said at a meeting of the Canadian Ordnance Association held recently.

More than 300 leaders of industry from all parts of Canada attending the meeting witnessed the largest exhibition of military material ever displayed in Canada. The industrialists passed a resolution to change the name of the association to that of "The Canadian Industrial Preparedness Association."

Mr. Claxton in a serious mood told the meeting that in its efforts to run Britain, the United States and France out of Berlin, the Soviet Union has admitted its willingness to risk war.

lie continuing, "even if the situation in Berlin should improve, there will be other points of tension and difficulty until the Russians begin to ask the will of their people rather than the extension of their power."

With this in mind, Canada is giving consideration to the stockpiling of strategic materials, he added.

The present supply of some materials but short of others. Giving consideration to vital defence questions, the nature of defence equipment, the need for greater supplies of steel, standardization of equipment, co-operation with American defence planning and the nature of the development of new defence weapons in Canada.

The defence minister believed that, "as Western union becomes stronger, any chance that there might be of the Soviet Union winning an aggressive

war will become less". In addition to leaders of industry, high ranking members of the armed forces, the Industrial Defence Board and the Canadian Ordnance Association attended the all day session. More than 70,000 square feet were occupied at Longue Pointe Ordnance Depot displaying equipment. Code name for the exhibition was Exercise MIMIC "Make It Made In Canada".

Outstanding among the exhibits was Flit, the heat seeking bomb developed by the United States air force. The 1,000 pound bomb is designed to guide its own fall onto enemy ships, factories or other targets giving off heat. It's nose contains a single electronic eye which finds the source of heat and directs the missile to the target.

A prefabricated article but that is air portable and can be set up in nine hours was also exhibited. This hut is built to maintain 70 degrees of heat with an outside temperature

of 65 degrees below zero. A horizontally opposed gasoline engine provoked comment. This new motor which was especially designed for the American army can have power added by the addition of cylinders up to twelve.

The R.C.A.F. in addition to their display also presented a flying exhibition which included the latest type Vampire jet fighters. The navy, not to be outdone brought their war famous destroyer H.M.C.S. Halibut specially for inspection by the meeting.—Communicated.

A Canadian noted for his strength and also for his unassuming wisdom, was asked how he managed to lift such heavy weights. "Well, he answered, "I am naturally strong, but a man might be as strong as an ox, and yet strain his back lifting a comparatively light weight, if he lifts the wrong way. Don't lift with your back. Lift with your legs by bending

## OBITUARY

A. L. BRERETON  
A. Leslie Brereton, age 49 who was raised in Gleichen and attended school here died in Goodrich, Ontario last week. He enlisted in the navy during the first great war and after the war was over returned to Gleichen later moving to Ontario where he has resided. He is survived by his wife, two daughters, two sisters Mrs. Dux James of Calgary and Mrs. B. Payne of Oakland, Calif.

Your knees, and keep your back as straight as possible without straining to do so. That is, keep your back as vertical as possible to the ground when lifting. And don't show off. If you try you cannot have a sack or anything else unaided onto your shoulders. Get someone to give a hand. If the weight to be lifted is too heavy to carry alone, don't have false pride, get help. There is a limit in everyone to the amount of strain the muscles will stand, especially on your back. And the way to lift is to lift with the legs. They are natural elevators.

rust (and blight).  
About resistant varieties. — The most effective method of controlling flax rust is to grow resistant varieties. Unfortunately, we are not able to make flax variety recommendations for 1946 at this time. The best advice we can give to flax growers is this: Follow the flax variety recommendations of your Provincial Field Crop Committee or Crop Improvement Association, and do not hesitate to seek advice on flax varieties from your Agricultural Representative or other agricultural authorities.

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Line Elevators Farm Service, Ltd.

Flax Rust in Western Canada  
This year flax rust caused widespread alarm in Western Canada and heavy loss, especially in southwestern Manitoba. A conservative estimate of the cash loss to Manitoba alone in 1945 is 4 million dollars. Such a loss further emphasizes the need for adequate support of plant disease research.

Cause of Flax Rust. Flax rust is caused by a parasitic fungus. The first stage of the disease usually noticed in the field appears as small, round, orange spots on the leaves and stems. Later on the black stage appears, when blackish mould spots are present on the stems. The spores (seeds) of the black stage live over winter on infected straw and stubble, and are responsible for carrying the disease over from one flax crop to the next.

Control. One of the most important steps in controlling flax rust is to get rid of all rusted straw and stubble. So, this fall burn all rusted flax straw and plow under the stubble if it will not burn. Next year, sow flax as far away as possible from where flax grew in 1945. These measures also help to control the "Famine" disease of flax. Seed of flax containing bits of rust infected straw should be thoroughly cleaned before being sown. Treatment of flax seed with an organic mercury dust (Corasan, Leysen, etc.) is also recommended. In 1940, the earliest flax is sown the more chance it has of escaping severe injury from

## First Aid Hints For Dislocations and Bruises

### DISLOCATIONS:

A dislocation is the displacement of one or more of the bones of a joint. The joints most frequently dislocated are those of the shoulder, elbow, thumb, fingers and lower jaw.

#### SIGNS AND SYMPTOMS:

1. Pain of a severe sickening character at or near the joint.
2. Loss of power in the joint.
3. Fixity of the joint. The limb cannot be moved at the joint either by the patient or by the First-Aider.
4. Deformity of the limb. The limb assumes an unnatural position, and is misshapen at the joint.
5. Swelling about the joint.

#### TREATMENT:

#### MAKE NO ATTEMPT TO REDUCE A DISLOCATION.

1. Steady and support the limb in the position which gives foot ease to the patient using padding where necessary in order to lessen the effects of jolting during transport.
2. Rest the patient on a couch or bed in the position which gives most ease.
3. If the pain is severe, expose the injured part and apply a cold compress.
4. When cold ceases to give comfort, apply a hot compress.

### BRUISES:

A blow anywhere on the surface of the body may cause extensive capillary haemorrhage beneath the skin, without breaking it—a "black eye" is an instance. The injury is accompanied by discoloration and swelling.

TREATMENT: Apply pieces of lint soaked in equal parts of spirit and water, or cold compress.

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